



Center for Learning & Behavioral Health, LLC

**\*New Intensive Outpatient Program for High School Students\***

Pathways is very pleased to announce the opening of our new Adolescent IOP:

***"Stepping Stones"***

**Program Days & Hours:** Monday, Wednesday and Thursday from 12:30 - 3:30

(With optional academic support following program hours)

**Location:** Our New office at **2418 Boston Post Road, Guilford, CT 06437**

**Our Team:** **Tori Piraino, LMSW & Thomas Allen, Ph.D.** with additional medical support should a medication evaluation or ongoing management be warranted.

**Program Focus and Goals:** An evidence based cognitive-behavioral approach aimed at developing healthy coping strategies and building resilience. Adolescents will learn to face challenges and trust their ability to self-manage difficult emotions and behaviors.

**After "Stepping Stones":** Our staff will work with patients, their families and outpatient therapists to facilitate an effective transition and establish a comprehensive support plan in their community.

\* Please note that Pathways does accept some but not all insurance plans for this level of care

To make a referral and arrange an initial phone screening, please contact Pathways at:

**860-767-1277 ext.201**

**[www.pathwaysct.com](http://www.pathwaysct.com)**

Thank you for your continued trust in Pathways!