



Center for Learning & Behavioral Health, LLC

New Intensive Outpatient Program for High School Students

Pathways is very pleased to announce the opening of our new Adolescent IOP:

"Stepping Stones"

Program Days & Hours: Monday, Wednesday and Thursday from 12:30 - 3:30

(With optional academic support following program hours)

Location: Our New office at **2418 Boston Post Road, Guilford, CT 06437**

Our Team: **Tori Piraino, LCSW & Thomas Allen, Ph.D.** with additional medical support should a medication evaluation or ongoing management be warranted.

Program Focus and Goals: An evidence based cognitive-behavioral approach aimed at developing healthy coping strategies and building resilience. Adolescents will learn to face challenges and trust their ability to self-manage difficult emotions and behaviors.

After "Stepping Stones": Our staff will work with patients, their families and outpatient therapists to facilitate an effective transition and establish a comprehensive support plan in their community.

* Please note that Pathways does accept some but not all insurance plans for this level of care

To make a referral and arrange an initial phone screening, please contact Pathways at:

860.767.1277 ext.201

pathwaysct.com

Thank you for your continued trust in Pathways!